



PSYCHOSOCIAL ASSESSMENT GUIDE FOR IMPLEMENTING PARTNERS

Component	Questions	Response/Actions
1. Psychosocial problems		
Culturally specific signs of distress	<p>How does a case worker recognise an adolescent girl or woman whose family member is distressed by the ongoing Rohingya crisis?</p> <p>a. What does this person look like?</p> <p>b. How do they behave?</p> <p>c. Are there different types of distress? What are they?</p> <p>d. How can I tell the difference between somebody who has lost someone they love and somebody who is missing someone (for example)</p>	
Priority psychosocially related problems	<p>What kind of problems do you have because of the crisis? Please list as many problems that you can think of.</p> <p><i>The person doing the assessment should select those problems which are especially from a psychosocial perspective, such as: (a) problems related to social relationships (domestic and community violence, child abuse, family separation) and (b) problems related to feelings (for example, feeling sad or scared), thinking (for example, worrying), or behaviour (for example, drugs)</i></p> <p>You mentioned a number of problems, including (list those named). Of these problems, which is the most important problem? Why?</p> <p>Of these problems, which is the second most important problem? Why?</p> <p>Of these problems, which is the third most important problem? Why?</p>	
Difficulties with daily activities	<p>Sometimes anxiety, depression or anger may make it difficult for a person to perform their usual tasks. For example, things they do for themselves, their family or in their community. If you suffers from a psychosocial stressor, what kind of tasks will be difficult for you?</p> <p>REPEAT THE QUESTION FOR EACH PSYCHOSOCIAL PROBLEM LISTED ABOVE</p>	
2. Existing resources of psychosocial well-being		

<p>Coping methods</p>	<p>What kind of things do you do to deal with such problems? For example, things you do by yourself, things you do with families or things you do with communities?</p> <p>Does doing that help with the problem?</p> <p>REPEAT THE QUESTION FOR EACH PSYCHOSOCIAL PROBLEM LISTED ABOVE</p>	
<p>Community sources of support and resources</p>	<p>In normal circumstances before having to escape to Bangladesh, what did community members usually do to reduce your distress?</p> <p>What are community members doing right now for each other to reduce your distress?</p> <p>What else is being done right now to help you seek help?</p> <p>Where do you seek help?</p> <p>What more could be done to help you when distressed?</p>	